



Agenda Item

FOR PUBLICATION

DERBYSHIRE COUNTY COUNCIL

CABINET

9 September 2021

Report of the Director of Public Health

**Award of grant funding to Derby County FC Community Trust and
Chesterfield FC Community Trust for the provision of Tier 2 Adult
Weight Management Services
(Health and Communities)**

1. Divisions Affected

1.1 County-wide

2. Key Decision

2.1 This is a key decision because it is likely to result in the Council incurring expenditure which is, or savings which are significant having regard to the budget for the service or function concerned (this is currently defined as £500,000) and/or it is likely to be significant in terms of its effect on communities living or working in an area comprising two or more electoral areas in the County.

3. Purpose

3.1 Cabinet are asked to:

- a) Approve the award of grant funding of £0.123m to Derby County FC Community Trust and £0.123m Chesterfield FC Community Trust to enable them to provide tier 2 weight management services targeted at adult males.

4. Information and Analysis

- 4.1 Tackling obesity is one of the greatest long-term health public health challenges. For the period 2019/20, in Derbyshire 66.8% of adults were overweight or obese (England 62.8%). Being overweight or obese is associated with an increased risk of several common diseases and causes of premature death, including type 2 diabetes, cardiovascular disease and some cancers. Obesity is associated with deprivation with those in the most deprived areas having the highest mean BMI and highest prevalence of obesity - 35% of men and 37% of women living in the most deprived areas were obese compared with 20% of men and 21% of women in the least deprived areas (Health Survey for England, 2018). There is also now consistent evidence that people who are overweight or obese who contract COVID-19 are more likely to be admitted to hospital, admitted to an intensive care unit and sadly to die from COVID-19 compared to people of a healthy weight status. (HM Government. Excess weight and COVID-19: insights from new evidence 2020).
- 4.2 In July 2020 the government launched 'Tackling obesity: Empowering adults and children to live healthier lives', which demonstrated the government's commitment to supporting a healthier environment to help support a healthy weight and to expand weight management services so that more people get the support they need to lose weight. As part of this commitment all local authorities in England have been offered additional non-recurrent funding for the 2021/22 financial year only to support the expansion of existing of adult Tier 2 behavioural weight management services or the commissioning of new services. For Derbyshire the additional funding is £0.442m.
- 4.3 Live Life Better Derbyshire is the council's in-house service that provides a range of health improvement services including tier 2 weight management services. Live Life Better Derbyshire will utilise £0.196m of the additional funding to develop and pilot a bespoke offer for under-served groups who are less likely to use existing weight management services, with a particular focus on adults with learning disabilities and those with serious mental ill health. In addition, Live Life Better Derbyshire are working with MacMillan Cancer Support to offer weight management support to individuals who have had cancer and would benefit from weight loss.
- 4.4 Weight management services have traditionally been used predominantly by female clients and Live Life Better Derbyshire is no different with approximately 80% of client's female. It is therefore proposed to utilise the remaining £0.246m additional funding to

commission Derby County FC Community Trust and Chesterfield FC Community Trust to deliver tier 2 weight management services aimed at male adults.

- 4.5 Derby County FC Community Trust would deliver services in the south of the county (Amber Valley, Erewash, South Derbyshire and south Dales) and Chesterfield FC Community Trust would focus upon the north of the county (Chesterfield, Bolsover, NE Derbyshire, High Peak and north Dales)

5. Consultation

- 5.1 None.

6. Alternative Options Considered

Option One

Award grant funding to Derby County FC Community Trust and Chesterfield FC Community Trust as outlined in this report. Both Community Trusts have extensive experience of delivering tier 2 weight management services. Both clubs have extensive links both within local communities and with other local football clubs that enables them to reach a male audience that Live Life Better Derbyshire struggles to engage with. Grant funding enables the commissioning to proceed at pace given the time limited nature of the additional funding.

Option Two

Do nothing and do not award grant funding to Derby County FC Community Trust and Chesterfield FC Community Trust. Given that the additional funding is non-recurrent for the 2021/22 financial year only, there is a risk that all the funding cannot be utilised to increase the capacity of tier 2 weight management services provided by Live Life Better Derbyshire. Given that obesity is a major public health challenge, the number of people in Derbyshire that are overweight or obese and its health impact, this would be a missed opportunity to improve the health of individuals and communities in Derbyshire.

7. Implications

- 7.1 Appendix 1 sets out the relevant implications considered in the preparation of the report.

8. Background Papers

- 8.1 Excess weight and Covid19:insights from new evidence can be found [here](#)
- 8.2 Information on the additional grant funding for local authorities for tier 2 weight management services can be found [here](#).

9. Appendices

- 9.1 Appendix 1 sets out the relevant implications considered in the preparation of the report.

10. Recommendation(s)

- 10.1 That Cabinet:

- a) Approve the award of grant funding of £0.123m to Derby County FC Community Trust and £0.123m Chesterfield FC Community Trust to enable them to provide tier 2 weight management services targeted at adult males.

11. Reasons for Recommendation(s)

- 11.1 To enable the Council to fully utilise the additional grant funding for the financial year 2021/22 only to support people in Derbyshire living with excess weight and obesity to lose weight and maintain healthier lifestyles.

12. Is it necessary to waive the call-in period?

- 12.1 No

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Appendix 1

Implications**a) Financial**

Derbyshire County Council is being provided with additional non -recurrent funding of £0.442m by the Government to enable it to expand tier 2 weight management services for adults. It is proposed that £0.226m will be split equally between Derby County FC Community Trust and Chesterfield FC Community Trust as set out in this report. The remaining £0.196m will be allocated to Live Life Better Derbyshire.

b) Legal

The Council's Financial Regulations state that grants in excess of £100,000 require Cabinet authorisation.

The Council's standard grant agreement shall be used to set out the terms and conditions for which the grants are made, which provides for clawback of funding in certain circumstances and shall also provide that the Council is not liable for any employment liabilities.

c) Equalities Impact

Men and women have similar rates of obesity and for being overweight. However adult tier 2 weight management services are predominantly used by females, with only around 20% of clients male and males are less likely to be referred to these programmes by their GP's. In 2014, a series of systematic reviews examined the effect of gender on the clinical effectiveness and cost-effectiveness of interventions to treat obesity. These found that men expressed a preference for fact-based advice, delivered in social settings and programmes with a greater emphasis on physical activity. This led to initiatives such as Men V Fat, weight management programmes specifically aimed at men. The intention is to trial a gender specific approach in Derbyshire as part of wider work to increase the uptake of weight management services by all genders.

d) Corporate objectives and priorities for change**Derbyshire County Council Priorities**

The project contributes to delivery against each of the following Council priorities

- A focus on prevention and early intervention
- High Performing Council Services

Public Health Outcomes Based Accountability

The project contributes to delivery against each of the following population outcomes

- Population Outcome 2: Healthy Lives
- Population Outcome 3: Health Improvement