

DERBYSHIRE HEALTH AND WELLBEING BOARD

1 April 2021

Report of the Director of Public Health

REFRESH OF THE DERBYSHIRE HEALTH AND WELLBEING STRATEGY

1. Purpose of the report

To provide a brief update on the Derbyshire Health and Wellbeing Strategy and proposals to revise and refresh this document to outline the impact of and recovery from COVID-19 and other system changes over the past 12 months.

2. Information and analysis

The Derbyshire 'Our Lives, Our Health' Health and Wellbeing Strategy currently shapes the work and actions of the Health and Wellbeing Board and wider system actions. The strategy was scheduled to be reviewed in 2023. The strategy outlines five priority areas of action for improving health and wellbeing across Derbyshire and focuses on action to address the wider determinants of health. The priorities are:

1. Enable people in Derbyshire to live healthy lives.
2. Work to lower levels of air pollution.
3. Build mental health and wellbeing across the life course.
4. Support our vulnerable populations to live in well-planned and healthy homes.
5. Strengthen opportunities for quality employment and lifelong learning.

A summary of each priority area and the anticipated outcomes is attached as appendix 1.

2.1 Review and Refresh of strategy

A range of factors have come together which suggests that it is appropriate to undertake a review and refresh of the strategy over the next six months with a view that an updated document is in place by Autumn 2021. In summary these are:

- a) Impact of COVID-19 on the health and wellbeing of the population, both directly and indirectly, which will result in local priorities having to be reshaped to effectively support recovery and the ongoing impact of COVID-19 in communities across Derbyshire.

- b) The launch of the Derbyshire Integrated Care System, which will result in new structures and governance arrangements being introduced which will influence how the health and wellbeing strategy is implemented countywide, at place and via the effective engagement of local Primary Care Networks.
- c) Changes to the Public Health landscape, which includes new and emerging structures associated with the creation of the National Institute of Health Protection and disbandment of Public Health England by September 2021.
- d) The opportunity to work with Derby City Council to align or join up the approach to health and wellbeing across both the city and council reflecting the shared health footprint in place for the integrated care system and learning from partnership working via Local Resilience Forum structures throughout the past 12 months.
- e) Opportunities to incorporate emerging themes in the Health White Paper and other strategic documents that are anticipated from the Government in relation to Public Health and Social Care in the local strategy document.

2.2 Underpinning insight and intelligence to inform refresh

An outcomes-based accountability approach will continue to underpin the Health and Wellbeing Strategy. Adopting this approach will enable partners to understand the impact that the strategy may be having, enable the Board to track high-level indicators for each priority over time and provide assurance that key health and wellbeing challenges in Derbyshire are being addressed. The strategy refresh will also utilise intelligence and insight from the Joint Strategic Needs Assessment (JSNA) evidence base and other performance or outcome frameworks.

In addition, qualitative insight from engagement with the population of Derbyshire will be drawn from across the system to inform the refresh.

2.3 Next steps

The Board is asked to agree that further scoping work takes place to consider the strategic developments highlighted above and engagement takes place with Board member to inform the strategy review.

3. Legal considerations

The Health and Social Care Act (2012) and associated statutory guidance states local authorities and clinical commissioning groups (CCGs) have equal and joint duties to prepare JSNAs and Joint Health and Wellbeing Strategies (JHWS), through the Health and Wellbeing Board. Two or more health and wellbeing boards could choose to work together to produce JSNAs and JHWSs, covering their combined geographical area.

4. Background papers

Statutory Guidance on Joint Strategic Needs Assessments and Health and Wellbeing Strategies

Our Lives Our Health – Derbyshire’s Health and Wellbeing Strategy

5. Recommendations

The Health and Wellbeing Board are asked to agree that work should take place over the next six months to revise and refresh the Health and Wellbeing Strategy to consider the impact of and recovery from COVID-19 and reflect other system changes.

**Dean Wallace
Director of Public Health
Derbyshire County Council**

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Appendix 1: Summary of current Health and Wellbeing Strategy Priorities

Enable people in Derbyshire to live healthy lives

Smoking, physical inactivity, poor diets, drinking above recommended alcohol limits and sexual ill health are 5 of the biggest contributors to disease and disability in Derbyshire. Together these factors contribute to a range of conditions including (but not limited to):

- becoming overweight or obese
- tooth decay
- depression
- anxiety
- type 2 diabetes
- respiratory diseases
- certain cancers
- heart disease
- osteoporosis

Over the next 5 years we will support work that enables people to live healthy lives through physical activity, healthy eating, living tobacco free, drinking at safer levels and maintaining good sexual health.

Work to lower levels of air pollution

Air pollution is associated with a number of adverse effects across the life course, contributing towards asthma in children, worsening of respiratory and cardiovascular disease, and cases of lung and other cancers.

The Health and Wellbeing Board will support work that brings together individuals, communities and organisations to improve air quality.

Improvements in air quality cannot be achieved by any one organisation in isolation, and so we must work together to reduce levels of air pollution across Derbyshire.

Build mental health and wellbeing across the life course

One in 4 people have a mental health problem in any given year and half of adult mental health problems start by the age of 14 years. Good mental health and wellbeing begins in early years; between conception and the age of 2 years is a critical period for a child's brain development and their long-term emotional health. A wide range of factors then influence mental health and wellbeing throughout childhood and adulthood, emphasising the need for a life course approach to mental health and wellbeing.

We will contribute to and champion programmes that support people in Derbyshire to fulfil their mental health and wellbeing potential, through investing in prevention, early intervention and mental health promotion across the life course.

Support our vulnerable populations to live in well-planned and healthy homes

Effective planning and healthy housing is key to preventing ill health and enabling people to live independently into old age. Poor condition housing is known to have significant impact on health and wellbeing, particularly for people who spend a lot of time at home (for example, children and older people).

Housing that is cold, damp, or overcrowded can also impact on people's ability to access and sustain employment.

Some people have no home at all, or unstable housing, and this is detrimental to mental and physical health in a multitude of ways. Communities need to be well planned and linked so that people can live well.

The Health and Wellbeing Board will support work across Derbyshire that seeks to understand what makes a home healthy, and that works with planning and housing stakeholders to ensure a healthy housing stock.

Strengthen opportunities for quality employment and lifelong learning

Education and employment are important for both physical and mental health and wellbeing. Educational qualifications are a determinant of labour market position, which in turn influences income, housing and other material resources. Unemployment is associated with an increased risk of ill health and mortality and employment in low quality jobs can also be detrimental to health and wellbeing.

The Health and Wellbeing Board will support work that enables all local people to access good quality employment opportunities and the training or education required to succeed in those roles.

