

DERBYSHIRE COUNTY COUNCIL

CABINET

30 July 2020

Report of the Director of Public Health

**AWARD OF GRANT FUNDING TO ACTIVE PARTNERS TRUST FOR THE
PROVISION OF FUNDING TO ACTIVE DERBYSHIRE**

HEALTH AND COMMUNITIES

1. Purpose of the report:

To seek approval to award grant funding to the value of £0.312m for a period of 3 years from 01 April 2020 to 31 March 2023 to the Active Partners Trust in order for them to support the public health priority of increasing physical activity levels across Derbyshire.

2. Information and analysis:

In Derbyshire over 20% of the adult population were classed as inactive in 2017-18 (doing less than 30 minutes of activity per week). Levels of inactivity are highest in Bolsover (25.3%) and South Derbyshire (23.7%). Current levels of physical inactivity are partly due to insufficient participation in physical activity during leisure time and an increase in sedentary behaviour during occupational and domestic activities. Likewise, an increase in the use of "passive" modes of transport such as car driving, has also been associated with declining physical activity levels. Physical inactivity is associated with social deprivation and females are less likely to be active than males. Physical activity declines significantly with age.

There is a considerable body of evidence demonstrating the benefits of physical activity in terms of both treating and preventing diseases. Increasing physical activity improves health for those with chronic conditions, and prevents many common serious medical conditions.

Active Partners Trust is the umbrella organisation that oversees delivery of physical activity programmes across Derbyshire, under the Active Derbyshire partnership. Active Derbyshire work closely with the Council to support the vision of increasing the levels of physical activity amongst young people and adults. This report proposes continued investment in Active Derbyshire to enable an integrated approach to physical activity participation across the county.

In February 2018 Cabinet agreed grant funding totalling £0.304m to APT up to March 2020, in order for it to support the public health priority of increasing physical activity levels across Derbyshire.

During this period Active Partners Trust have worked jointly with the Council's Public Health department in leading the strategic direction and delivery of physical activity across the county using Derbyshire's shared countywide physical activity and sport strategy 'Towards an active Derbyshire Strategy' The strategy's vision is to see 50,000 people engaging in more active lives across the county by 2021.

To date, Active Derbyshire have supported implementation of the strategy by:

- providing strategic leadership in all localities across the county, in collaboration with key partners, to establish physical activity sub groups of locality Health and Wellbeing partnerships. Using insight and local priorities for physical activity these groups have become the strategic leaders in each locality to develop and implement physical activity delivery programmes.
- creating a Derbyshire-wide strategic partnership that develops and sustains a strategic approach to physical activity across Derbyshire with accountability to the Health and Wellbeing Board.
- Supporting the administration of the Council's Physical Activity and Sports Action Grant programme.
- Providing countywide leadership to Derbyshire Schools to embed sport and physical activity into daily practice, including
 - Encouraging all primary schools to facilitate a mile a day-type activities
 - Supporting, facilitating and enhancing the Derbyshire School Sports Partnership
 - Maximising the ring-fenced primary PE premium funding to support more young people to be physically active
 - Promoting active travel to schools
- Attracting external funding, into Derbyshire to support the aims and objectives of 'Towards an Active Derbyshire' and the 'Physical Activity and Sport Framework for Young People 2017-2021'.

Implementing the Towards an Active Derbyshire Strategy continues, and provision of funding to Active Partners Trust will allow Active Derbyshire over the next 3 years to deliver:

- the co-development of a refreshed Physical activity strategy
- continued strategic leadership across the county and place-based working

- continued delivery of countywide physical activity leadership to schools
- in conjunction with the Council's Public Health department, development of a new commissioning model for integrated physical activity programmes across the county, using the following principles:
 - a co-ordinated and holistic, system wide approach
 - focusing on the least active within communities
 - an evidence based, insight led approach that engages with communities
 - building on assets and strengths
 - creating active environments, workplaces and schools
 - promotion of physical activity among people of all ages
- administer and manage the Local Innovation Fund, established in 2018 initially to develop and testing new initiatives to increase physical activity, at the local level across Derbyshire. As we move into the Recovery stage of the Covid-19 pandemic this funding will now be directed into capitalising and harnessing the changes that have occurred in communities around attitudes to physical activity behaviour, building on using the natural environment for sustainable physical activity.

Impact of COVID19

During the current social distancing and social isolation requirements there has been a shift in physical activity attitudes and habits. Sport England's Insight Report suggests that the Government's messages about exercise have had a positive impact, with 53% of adults in England agreeing that they have been encouraged to exercise by the Government's guidance. 59% of adults reported walking in the last week, 44% did online fitness, offline fitness or informal physical activity in the home.

This presents an ideal window of opportunity to build on physical activity participation and especially the use of outdoor space.

3. Social Value considerations:

APT and Active Derbyshire will play in key role in supporting Derbyshire residents to increase their physical activity levels to enable them to live healthy lives.

4. Financial Considerations:

An allocation of £0.104m per year is the Council's contribution to support the work of the Active Partners Trust and Active Derbyshire. This funding will come from the Public Health budget, with the total value of funding over the 3 year period from April 2020 to March 2023 being £0.312m.

5. Legal Considerations:

The Council is permitted to make such payments under the “General Power of Competence” set out in the Localism Act 2011. A grant agreement shall be used to set out the terms and conditions for which the grant is made to APT. The recipient of the grant is not contractually obliged to deliver the services, although the Council would seek to claw back the grant in appropriate circumstances were there to be significant non-performance of any grant conditions.

6. Other considerations:

In preparing this report the relevance of the following factors has been considered: prevention of crime and disorder, human resources, equality of opportunity, environmental, health, property and transport considerations.

7. Background papers:

Cabinet report 1 Feb 2018: Award of grant funding to Active Partners Trust for the provision of funding to Active Derbyshire

8. Key Decision:

No

9. Call-in:

Is it required that call-in be waived for any decision on this report?

No

10. Officer's Recommendation:

That Cabinet approve the award of grant funding totalling £0.312m to APT over the period from April 2020 to March 2023, in order for it to support the public health priority of increasing physical activity levels across Derbyshire.

**Dean Wallace
Director of Public Health**