



FOR PUBLICATION

DERBYSHIRE COUNTY COUNCIL

HEALTH AND WELLBEING BOARD

30 January 2025

**Report of the Director of Public Health
Derbyshire County Council**

Health and Wellbeing Round Up Report

1. Purpose

- 1.1 To provide the Board with a round-up of key progress in relation to Health and Wellbeing issues and projects not covered elsewhere on the agenda.
- 1.2 Board members are asked to provide any updates on work that has taken place in their organisation towards the Areas of Focus.

2. Integrated Care Partnership Update

- 2.1 A meeting of the Integrated Care Partnership (ICP) took place on 16 October 2024 and considered the following:
 - Integrated Care Strategy Theme Focus: Age Well/Die Well Update – Joined Up Care Derbyshire End of Life Care Strategy
- 2.2 Further information can be found [here](#).

3. Round-Up

3.1 Smoking, Drinking and Drug Use among Young People in England, 2023

NHS Digital has published a [report](#) that contains results from the latest survey of secondary school pupils in England in years 7 to 11 (mostly

aged 11 to 15). Focusing on smoking, drinking and drug use. The report covers a range of topics including prevalence, habits, attitudes and wellbeing.

3.2 The big mental health report 2024

Mind have published a [report](#) that brings together the latest evidence on the current state of the nation's mental health and its mental health services, alongside insights from people with lived experience of mental health difficulties.

3.3 Less healthy food or drink: advertising and promotions restrictions

The Department of Health and Social Care and Department for Culture, Media and Sport have published [guidance and more information](#) about the Advertising (Less Healthy Food Definitions and Exemptions) Regulations 2024 which was laid before parliament on 03 December 2024 and will come into force UK-wide on 01 October 2025.

4 Notification of Pharmacy Applications

Under the requirements of the National Health Service (Pharmaceutical and Local Pharmaceutical Services) Regulations 2013 the NHS Commissioning Board must notify the HWB of all relevant applications to provide pharmaceutical services, including the relocation of existing pharmacies.

Notification of the following applications have been received:

- 4.1** Harts Chemist Ltd, 5-7 High Street Ripley, Derby, Derbyshire. DN5 3AB
One of changes to the following dates: 24th December and 31st December – nil supplementary hours
- 4.2** Change of ownership: from 01 October 2024, the pharmacy at 10-14 Winster Mews, Gamesley, Glossop, Derbyshire, SK13 0LU will be operated by Mews Pharma Ltd and will trade as Mews Pharmacy.
- 4.3** Change of ownership: for LP SD Five Ltd at Crich Medical Centre, Oakwell Drive, Crich, Derbyshire DE4 5PB to Ascent Crich Limited.
- 4.4** Change to supplementary hours: Peak Pharmacy, Whitemoor Lane Medical Centre, Whitemoor Lane, Belper, DE56 0BJ. Supplementary hours will change from Tuesday 08:30 – 09:00, 13:00 – 13:30 and 18:00 – 18:30 to Tuesday 08:30 – 09:00 and 13:00 – 13:30 with effect on 24 December.

- 4.5** Change to supplementary hours: Peak Pharmacy, Gresleydale Health Centre, Glamorgan Way, Church Gresley, DE11 9JT. Supplementary hours will change from Tuesday 12:30 – 13:00 and 18:00 – 18:30 to Tuesday 12:30 – 13:00 with effect on 24 December.
- 4.6** Change to supplementary hours: Peak Pharmacy, 14 The Green, North Wingfield, Chesterfield, S42 5LQ. Supplementary hours will change from Tuesday 18:00 – 18:30 to Tuesday none with effect on 24 November.
- 4.7** Change to supplementary hours: Etwall Pharmacy, 4-6 Chestnut Grove, Etwall, DE65 6NG. Supplementary hours will change from Saturday 09:00 – 12:00 to Tuesday none with effect from 04 January 2025.
- 4.8** Please note that with effect from 25 November 2024 the pharmacy at Avenue House Surgery, 109 Saltergate, Chesterfield, Derbyshire, S40 1LE will be operated by Dronfield Healthcare Ltd.
- 4.9** Please note that with effect from 25 November 2024, the pharmacy at 3 Windermere Road, Newbold, Chesterfield, Derbyshire S41 8DU will be operated by Dronfield Healthcare Limited.
- 4.10** Change to supplementary hours: Tideswell Pharmacy, Queen Street, Tideswell, SK17 8JT. Supplementary hours will change from Monday and Tuesday 17:00 – 17:30 and Wednesday, Thursday and Friday 08:45 – 09:00 and 17:00 – 17:45 to no supplementary hours with effect from 22 January 2025.
- 4.11** Change to supplementary hours: Etwall Pharmacy, 4-6 Chestnut Grove, DE65 6NG. Supplementary hours with change from Saturday 09:00 – 13:00 to no supplementary hours with effect from 04 January 2025.
- 4.12** Change to supplementary hours: Swanwick Pharmacy, 45 Derby Road, DE55 1AB. Supplementary hours will change from Monday – Friday 17:30 – 18:00 to no supplementary hours with effect from 22 January 2025.
- 4.13** Change to supplementary hours: Peak Pharmacy, Allendale Road, Wingerworth, Chesterfield, S42 6PX. Supplementary hours will change from Monday – Friday 18:00 – 18:30 and Saturday 09:00 – 13:00 to Monday – Friday no supplementary hours, Saturday 09:00 – 13:00 with effect on 27 January 2025.
- 4.14** Change of ownership LP SD Six Limited to Ascent(Holme Hall) Limited at Unit 7 Wardgate Way, Chesterfield, Derbyshire, S40 4SL.

5. Healthwatch Intelligence

- 5.1** Healthwatch have provided a summary of recent feedback related to the risk factors area of focus in the Derbyshire Joint Local Health and Wellbeing Strategy including Derbyshire Tobacco Control Strategy, The Substance Use Strategy and The Making Our Move Strategy. The full summary can be found at Appendix 2.

6. Update from Health and Wellbeing Board Development Session

Following on from the October Health and Wellbeing Board the Board have continued to develop the responsibilities of the lead members for each area of focus in the Joint Local Health and Wellbeing Strategy.

7. Performance reporting to the Health and Wellbeing Board

Performance indicators will be presented to the board annually in July.

8. Alternative Options Considered

- 8.1** No alternative options to consider as this report is for information only.

9. Background Papers

- a. Pharmaceutical notifications are held electronically on file in the Public Health Department

10. Appendices

- 10.1** Appendix 1 – Implications

11. Recommendation(s)

- 11.1** That the Health and Wellbeing Board:

- a) Note the information contained in this round-up report.
b) Agree that members provide any updates on work that has taken place in their organisation towards the Areas of Focus.

12. Reasons for Recommendation(s)

- 12.1** To provide the Health and Wellbeing Board with a summary of the latest policy information to enable the development of the work plan for the Board.

- 12.2** To provide the Board with progress against each of the Areas of Focus in the Joint Local Health and Wellbeing Strategy.

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Organisation: Derbyshire County Council

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Implications

Financial

1.1 No implications

Legal

2.1 No implications

Human Resources

3.1 No implications

Equalities Impact

4.1 No implications

Partnerships

5.1 No implications

Health and Wellbeing Board Strategy Areas of Focus

6.1 No implications

Healthwatch Intelligence

Derbyshire Tobacco Control Strategy

The public health programmes designed to support people in stopping smoking are highly regarded by those who use them, and we consistently receive positive feedback about these services:

- “I went to the Live Life Better Derbyshire (LLBD) programme. I went to the smoking support, weight loss group, and exercise referral programme. I also got support from an LLBD support worker who supported who helped me go to my first-ever exercise session, without that support I would not have attended. I also got lots of support from phone calls and regular contact with the support worker. They also helped me to go to a support group to help me with my mental health.”

However, some people struggle to quit smoking or vaping due to poor mental health. Services offer support until they are ready to make changes. Which can be a positive thing:

- “Being allowed to vape on Morton Ward is very great. I can vape when in need of nicotine it's amazing and helps me” - A young person from the Hartington Unit.

Unfortunately, not everyone receives the advice or information needed to access these programmes, leaving them without support and allowing their health to deteriorate further. This costs the system, as shown in the story below:

- “In May 2023, I had surgery to remove a vein in my leg, but the procedure didn't go as planned due to complications. After the surgery, I received no follow-up from the surgeon. I was told they'd contact me to rearrange the surgery later.

This week, I received a letter stating they would no longer perform the surgery because I no longer meet the criteria. I spoke to my GP about this, and they explained the hospital said it was because I'm a smoker. My GP seemed just as confused as I was and said, “What do you want us to do with this person now?” I can't be left untreated, but they also can't refer me back to the Vascular Department because I'm no longer eligible.

Right now, the vein is infected, and I'm on antibiotics to treat it, but my GP is concerned because I can't stay on antibiotics indefinitely. They've also said the vein needs to be removed before I can have another unrelated surgery, which can't go ahead until this issue is resolved. My carer has been helping me with this, and together we contacted PALS. We're now waiting for a callback to discuss how my treatment can move forward.

At no point was I given advice on quitting smoking, either before my original surgery or after being told I no longer meet the criteria. I also didn't ask more questions immediately after the surgery was delayed, as I was under the impression they'd be rearranging it and getting in touch. Now I've discovered that's no longer the case, and I'm left in limbo."

The Substance Use Strategy

We currently lack recent data on substance misuse. While it's likely we've spoken to many people who use substances, the comments we receive about services don't clearly identify whether the individuals themselves are substance users. Additionally, we have no information on substance misuse facilities, leaving a gap in our understanding of this topic.

The Making Our Move Strategy

We hear regularly from both mental health inpatient units that access to physical activity helps with their recovery, but it's not always there when they need it:

- "I've found that access to the gym has been incredibly beneficial for my mental health. However, I've been told that the gym facilitator is leaving their role soon, which means I won't have access to the gym anymore. I believe the gym desperately needs more funding and staff, as there's already a six-week wait to use it."

Public health programs aimed at improving health and well-being receive overwhelmingly positive feedback. The feedback we receive goes beyond physical health, helping people build social connections, boost confidence, and improve mental health:

- "The exercise by referral scheme is superb."
- "When I was waiting to attend the Wellness Hub, I heard wonderful things about the service it provides. After getting my new knee, I was able to attend as many times as I wanted for the first 12 weeks for free, and the next 12 weeks cost £60. The Wellness Hub has given me so much more than improved mobility and fitness—it's helped me build social connections, boosted my confidence, and supported my mental health.

At first, I was very nervous, but the team delivering the service made it an enjoyable experience. I also really appreciated the variety of activities, like the gym, toning tables, and chair-based classes. Because of everything it offers, I've decided to continue paying for the service."

From our feedback exercise referral programmes are highly effective, improving not only physical health but also mental well-being and confidence, encouraging participants to engage with other services:

- “I attend regular healthy eating sessions at Littlewick Medical Centre and take part in the exercise referral program at Rutland Sports Park. The support I’ve received from the workers has been invaluable. I’ve already lost weight and feel confident that, with their help, I’ll reach my goal. The workers also made a referral to Trent PTS for me, and I now have an assessment booked. I know I wouldn’t have done this on my own without their support.”
- “I recently attended the cardiac rehabilitation service exercise and education program. It’s been a great help in improving my fitness and breathing. They also made a referral for me to Live Life Better Derbyshire to ensure I can keep improving my fitness.”