

MINUTES of a meeting of the **DERBYSHIRE HEALTH AND WELLBEING BOARD** held at County Hall, Matlock on 11 July 2019.

PRESENT

Councillor C Hart (Derbyshire County Council)
(In the Chair)

H Bowen	Chesterfield Borough Council
C Clayton	DD CCG
H Dillistone	DD CCG
T Hendra	Tameside & Glossop CCG
J Simmons	Healthwatch Derbyshire
S Stevens	Derbyshire County Council
G Strachan	DD CCG
R Taylor	Derbyshire Fire and Rescue Service
D Wallace	Derbyshire County Council
J Willis	3D (Third Sector Support Derbyshire)

Also in attendance – S Bains (Derbyshire County Council), I Little (Derbyshire County Council), and C Walker (Derbyshire County Council).

Apologies for absence were submitted on behalf of and Councillors A Dale and J Wharmby, and L Allison, H Dhindsa, S Morritt, J Parfremment, T Slater and V Taylor

21/19 **MINUTES RESOLVED** that the minutes of the meeting of the Board held on 4 April 2019 be confirmed as a correct record.

22/19 **COMMUNITY WELLNESS SYSTEM** The Board was provided with an update on progress made to establish a community wellness approach in Derbyshire, and provide information on next steps in implementation.

Derbyshire's Community Wellness Approach had been established to enable people to live happy and healthy lives, through identifying and supporting the assets that existed within Derbyshire's communities. It was not a service or intervention, and nor was it owned by one organisation. Rather it was a set of principles that could be shared across organisations and local communities that recognised the strengths inherent in communities that could be harnessed to improve health and wellbeing.

I Little, and S Bains made a presentation to the Board which included information on the concept behind community wellness, how it differed from traditional approaches, how it could support implementation of the priorities of

Our Lives, Our Health: Derbyshire Health and Wellbeing Strategy 2018-2023, and how it aligned with other place-based initiatives for improving health and wellbeing.

Board members gave examples of the success of various schemes/groups across the County and work would continue to support the work in developing a community wellness approach.

The Chairman thanked Iain and Sara for a most interesting and informative presentation.

RESOLVED (1) to note the progress to date; and

(2) to note the proposed next steps to continue to support the work in developing a community wellness approach

23/19 **SUICIDE PREVENTION AND SELF HARM** Members were provided with an update to the Health and Wellbeing Board on progress made to prevent deaths from suicide in Derbyshire.

Details were given of deaths from suicides in Derbyshire and of the work of the Derby and Derbyshire Self-harm and Suicide Prevention Partnership Forum in trying to reduce these numbers. Details were given of the key areas of work to progress and of the key areas of achievement.

Members were invited to consider the role their organisation could play in the suicide prevention agenda. The following were questions that Board members were asked to consider:

- Does my organisation provide suicide awareness training for frontline staff who have contact with vulnerable individuals who may display emotional distress?
- Are there opportunities for my organisation to promote suicide safe messages on World Suicide Prevention Day (10th September each year)?
- Does my organisation link in to the Derby and Derbyshire Suicide Prevention Forum, and if not is there an opportunity to become involved in the work of the Forum?
- Does my organisation collect information relating to suicide incidents, and could this be shared as part of the development of a local real time surveillance system?
- Are staff members of the Derbyshire Mental Health Network to promote positive mental health and suicide prevention messages to colleagues and customers?

RESOLVED (1) to note the work and achievements of the Derby and Derbyshire Self-harm and Suicide Prevention Partnership Forum;

(2) to note the recognition of the work of the Forum at a national level, including success of the Forum in securing investment from NHS England, which would enable existing work to be expanded at pace and scale;

(3) to recognise the role of the Forum in leading co-ordinated efforts to reduce the numbers of deaths from suicide within Derbyshire; and

(4) to consider the role that their organisation could have in suicide prevention.

24/19 **HEALTH & WELLBEING STRATEGY UPDATE** Members were provided with an update on progress made on the Health and Wellbeing Strategy

On 31 January 2019 in order to support the ambition and delivery of the Derbyshire health and wellbeing strategy 'Our Lives, Our Health, the Derbyshire Health and Wellbeing Board (HWB) agreed the role of the HWB strategy champion.

The five priority areas of the Our Lives, Our Health strategy were:

1. Enable people in Derbyshire to live healthy lives
2. Work to lower levels of air pollution
3. Build mental health and wellbeing across the life course
4. Support our vulnerable populations to live in well-planned and healthy homes
5. Strengthen opportunities for quality employment and lifelong learning

The update focused on air quality, housing and health and the role of the HWB strategy champions.

RESOLVED (1) to note progress to date contained within this paper, including the work on developing an integrated community wellness approach and suicide prevention work in Derbyshire, both presented to the Board as separate items earlier in the agenda;

(2) to support the role of the HWB priority Champions and Public Health leads; and

(3) to ask that the CCG and Chesterfield Royal Hospital to identify a named lead linked to the relevant priority areas

25/19 **HEALTH PROTECTION BOARD UPDATE** Dean Wallace, Director of Public Health provided HWB members with an overview of the key messages arising from the Derbyshire Health Protection Board, which met on

the 2 April 2019. The Board was a formal sub group of the Derbyshire County Health and Wellbeing Board and the Derby City Health and Wellbeing Board.

Board Members made specific reference to the Bowel Screening Program and whilst the uptake in Derbyshire was above the national target at 60% it was accepted that work still needed to continue to try and address the outstanding 40% who were not taking up the offer.

RESOLVED to note the update report from the Health Protection Board.

26/19 SIZING THE PRIZE UPDATE The Board was provided with a brief overview of 'Sizing the Prize' which was an integration support offer from the Local Government Association (LGA).

Derbyshire County and Derby City jointly engaged in integration support work in 2017, including an Integration Tool Workshop facilitated by the LGA in October 2017. Since then there had been a number of changes locally, and new local leaders, in the Health and Care system across the County and Derby City and Derbyshire had now agreed that the time was right to engage in further integration support in the form of 'Sizing the Prize'.

The work was currently in the planning stage and it was expected that interviews, data collection and analysis would be completed over the early summer.

RESOLVED (1) to note that Derby and Derbyshire was taking up the LGA integration support offer 'Sizing the Prize'; and

(2) to receive future reports to update the HWB on the progress of the 'Sizing the Prize' initiative.,

27/19 HEALTHWATCH INTELLIGENCE REPORT J Simmons presented the Healthwatch Derbyshire, Intelligence Report, dated May 2019. Particular focus was made the most recent areas of work:

NHS Long Term Plan (LTP) – The NHS had written a LTP so it could be fit for the future and it was based on the experiences of patients and staff.

Healthwatch England (HWE) were commissioned by NHS England (NHSE) to support public engagement around the plan across the 42 Sustainable Transformation Partnership (STP) areas. Derbyshire's STP was called Joined Up Care Derbyshire (JUCD), which brings together health and social care organisation across the county.

The engagement phase took place between March and April 2019 and we were tasked to complete 250 surveys and facilitate two focus groups around

how people think the NHS should change, including how people think support for long term conditions could be improved.

The findings from HWE would be received shortly a report would be generated, which would be shared with their local STP and published on the Healthwatch Derbyshire website once complete.

Carer's Engagement - During January to March 2019, engagement was undertaken with carers around their experiences of health and social care services.

Derbyshire County Council (DCC) undertook regular Surveys of Adult Carers (SACE) which had left DCC with gaps in their knowledge and understanding around the quality of life for carers. Their survey indicated a decline in satisfaction, and nationally the survey suggested there had been little movement in terms of improving outcomes for carers.

As a result, HWD was asked to talk with carers both in, and not in receipt of services to explore their views and experiences around the themes known to DCC. It was hoped the information would help DCC to understand the challenges faced by carers and how they could best respond to them as an authority.

HWD were currently in the process of analysing the findings from the engagement which would be collated into a report and the experiences of carers will be used within the refresh of the Derbyshire Carers Strategy which is due to happen later in 2019. The full report will be available on the HWD website once complete and responses have been received.

Creative engagement with Children and Young People (CAYP) - In June 2018, HWD met with commissioners for children's services, who explained they would be keen to find out what helps CAYP to make healthy lifestyle choices. Their information suggested that in Derbyshire being a healthy weight, exercise levels, tooth decay, teenage pregnancy, smoking, drugs and alcohol are real issues and challenges within the county.

HWD spoke to approximately 900 CAYP and their parent/carers about the barriers to making healthy lifestyle choices, and asked how they felt this could be improved. HWD ran interactive sessions and encouraged CAYP to share their thoughts through writing, drawing and art.

The report was delivered to the Children's STP Board on Friday 12th April and the Board were asked to make ten pledges in response to the report. The full report will be available on the HWD website once the pledges have been received.

Rural engagement - Over the summer of 2018, HWD had paid specific attention to rural communities across Derbyshire to explore how living in a rural area could impact on the health and social care services that people use.

Detailed below are a summary of the findings:

- Long waits for a range of mental health support services and mental health professionals in the community
- Many people experienced loneliness which was sometimes, linked to a lack of transport and rural isolation
- People explained the importance of being involved in their relative's end of life care
- People found it difficult to know what services were available in the local area
- There were many examples of repeat visits to a GP, and/or repeat attendances at A&E when people did not feel their condition had been treated/resolved adequately
- There appeared to be a number of inappropriate attendances at A&E
- People expressed concerns that patients would not manage safely back at home once discharged, explaining that sometimes discharge feels premature without sufficient support in place
- One difference between areas seemed to be the variability around access, promotion and engagement in falls prevention services for people at risk of, or with a history of falling.

Once HWD began to analyse the data, it appeared the findings would be particularly useful to the eight Joined up Care Derbyshire (JUCD) place alliances across Derbyshire. 'Place' was about empowering people to live a healthy life for as long as possible through joining up health, care and community support for citizens and individual communities.

The full report would be available on the HWD website once responses have been received.

RESOLVED to note the update report from Healthwatch Derbyshire

28/19 **BETTER CARE FUND** The Department of Health and Social Care's Better Care Support Team published the Q4 2018-19 National Return

template on 8 March 2019 with the requirement that completed templates would be returned by 18 April 2019, following sign-off from respective local Health and Wellbeing Boards (HWBs).

The reporting requirements of the Q3 template were unchanged from the previous quarters – with the exception of the removal of any iBCF reporting. It should also be noted that full data was not yet available for the whole reporting period which meant that performance assessments included in this return were subject to change in future reports. Due to the meeting structures of the Health and Wellbeing Board the report was being presented retrospectively. It should be noted that, as with previous quarterly returns, the National return Template was submitted on time following approval by the Chair of the Health and Wellbeing Board.

The reporting requirements of the Q4 template were similar to those in previous periods with an additional section to reflect on successes and challenges over the course of the financial year. These were required to be reported in-line with the Logic Model for Integrated Care (developed by the Social Care Institute for Excellence, SCIE).

Following feedback from the Health and Wellbeing Board meeting on 4 April, where the Quarter 3 return was reported, more detail had been provided in the Metric and High Impact Change Model sections to provide reasoning as to why further support was not being requested in areas that are not performing as planned.

Performance against the national metrics was presented using the data available at the time the returns were published as year-end data was not fully available. However, the full year end figures were detailed in the report and also in a summary table at Appendix 2 to that report.

The draft BCF and iBCF Q4 2018-19 return can be found at Appendix 1 to the report with a summary of 2018-19 performance against the metrics compared to previous years at Appendix 2.

RESOLVED to (1) receive the report and note the responses provided in the Quarter 4 Statutory Return; and (2) continue to receive regular updates on the progress of the Integration and Better Care Fund in 2019-20.

29/19 **DERBYSHIRE SUSTAINABILITY AND TRANSFORMATION PLAN REFRESH** An update was provided on progress with the Derbyshire Sustainability & Transformation Partnership (STP), known as Joined Up Care Derbyshire.

The Board had received a previous presentation on the Derbyshire health and care system's outline approach to the refresh, and this builds on that information with a particular emphasis on the engagement approach to maximise stakeholder involvement.

All 44 STPs in England were required to review their exiting plans before autumn 2019. The process in Derbyshire would be a refresh rather than a full scale review as we are confident that our overarching models of care and headline business cases as submitted in the original STP in 2016 have stood the test of time. As previously articulated to the Board, the refresh would consist of the following phases: Case for change; Model for Care; Define Priorities; and Develop Plans with details being given in the report.

Work also continued with the STP Refresh Engagement ; Interactive Workshop; and Staff engagement.

JUCD had received £40,000 from NHS England in February 2019 to set up a Citizens Panel. The recruitment for the panel had now been launched, and the aim was to have 2,000 members by the end of the year.

The Citizens Panel would have two sections:

1. More than 1,300 people had been randomly recruited as a representative sample of the population of Derbyshire.
2. Self-selectors could also opt to be included on the database, and would be kept separate from the above. This was an important aspect to the panel, as we have lots of people wanting to sign up, which will improve our reach even further.

Both cohorts would receive the same communications and opportunities for involvement, but analysis of any survey results would be separated out for research purposes as the self-selectors introduce bias.

RESOLVED to note the report on communications and engagement activity for information and assurance.

30/19 ESTABLISHING THE DERBY COUNTY 0-19 STRATEGIC GOVERNANCE GROUP AS A SUB GROUP OF THE DERBYSHIRE HEALTH AND WELLBEING BOARD At the previous HWB meeting on 4 April the Board received a presentation from members of the 0-19 SGG on progress made to date in establishing a section 75 arrangement between Derbyshire County Council (DCC) and Derbyshire Community Health Services NHS Foundation Trust (DCHS). Essentially a formal partnership between DCC and DCHS was being established that would initially focus on 0-19 Public Health and other targeted preventative services (e.g. Childrens Centres and working together arrangements across Early Help), but with the ambition to look more broadly at the 0-19 agenda once the section 75 agreement and new ways of working had been established.

Currently the SGG was the joint board that provided governance, oversight and strategic direction for Public Health Nursing Services and assures that funding aligned to Childrens Centres meets the conditions set by the Public Health ring-fenced grant. The SGG was primarily made up of representatives from Public Health, Childrens Services and Public Health Nursing Services both at the strategic and operational leadership levels. There was a desire to broaden this membership and particularly to achieve greater engagement from NHS Derby and Derbyshire CCG, a full breakdown of current membership was included within the terms of reference for the group that were appended to the report.

RESOLVED (1) to agree that the 0-19 Strategic Governance Group became a formally recognised sub-group of the Health and Wellbeing Board;

(2) to agree to receive reports from and challenge the Strategic Governance Group as appropriate; and

(3) to agree that the Chair of the Strategic Governance Group would prepare a Summary Report, at least annually, to provide an overview of progress and would identify any issues or areas of risk that the Health and Wellbeing Board or other committee would need to action/note

31/19 **EXPRESSION OF INTEREST TO THE EAST MIDLANDS CANCER ALLIANCE CANCER PREVENTION INNOVATION FUND FOR TOBACCO CONTROL** **RESOLVED** to support the expression of interest to the East Midlands Cancer Alliance Cancer Prevention Innovation Fund for Tobacco Control to pilot the CURE Secondary Care Treatment Programme.

32/19 **HWB ROUND UP** Simon Stevens had provided HWB members with a written report rounding up key progress in relation to Health and Wellbeing issues and projects not covered elsewhere on the agenda.

RESOLVED to note the information contained in the round-up report.