

PUBLIC

**MINUTES** of a meeting of the **CABINET MEMBER FOR HEALTH AND COMMUNITIES** held on 27 June 2019 at County Hall, Matlock.

**PRESENT**

Councillor C Hart – Cabinet Member

**24/19**      **MINUTES**      **RESOLVED** that the non-exempt minutes of the meeting of the Cabinet Member for Health and Communities held on 23 May 2019 be confirmed as a correct record and signed by the Cabinet Member.

**25/19**      **DERBYSHIRE SCHOOL HOLIDAY FOOD PROGRAMME**

The Derbyshire School Holiday Food Programme was a very successful countywide programme addressing national concerns on the extent and causes of hunger amongst children during school holiday periods.

In summer 2016 Feeding Derbyshire established 19 projects in local communities experiencing high levels of deprivation, and with high levels of eligibility for Free School Meals. Working in partnership with schools, faith communities, children's centres, big local grant-funded communities and district and borough councils, the projects aimed to ensure children benefited from nutritious food and enrichment activities during school holiday periods throughout the year.

Since 2016 the programme had gone from strength to strength and subsequently an additional 12 projects had been established - these were funded by FareShare, bringing the total number of projects in Derbyshire to 31.

FareShare was a UK charity ensuring surplus food reached vulnerable groups by redistributing good food to frontline services. Public Health at Derbyshire County Council funded the annual subscription fee to FareShare to supply 19 projects with healthy, nutritious, in-date food.

During the school holiday periods in the 2018/19 academic year, the projects funded through the Council had achieved the following:

- supplied 37,113 meals in total to 1,395 children per week during the Summer holidays
- supplied projects with enough food to give out 1,052 food parcels over the Christmas school holiday period
- supplied projects with 5,030 meals over the Easter school holidays. This included sufficient food for 440 cook and eat meals

Additional funding for a 12 month period would ensure continuation of the programme. The funding would support Rural Action Derbyshire to manage the School Holiday Food Programme from July 2019. This would include direct liaison with Fare Share and local project providers, and operational management of the programme to support the continuation of the existing 31 projects, and collection of information on numbers of young people and families accessing the projects.

In April 2019, the Feeding Derbyshire Partnership agreed to review the delivery and sustainability of the School Holiday Food Programme as part of the broader Feeding Derbyshire initiative. The review would allow the Feeding Derbyshire Partnership to identify alternative funding sources to secure future delivery of the existing programme, and reduce reliance on funding from Public Health, in light of continued year-on-year reductions to the Public Health grant.

**RESOLVED** to approve the proposed award of £20,000 from the Public Health budget to Rural Action Derbyshire.

### **23/19 GRANT FUNDING TO SHIFT TOGETHER TO DELIVER THE FIT4LIFE PROGRAMME IN WORKPLACES ACROSS DERBYSHIRE**

Levels of overweight and obesity in Derbyshire were significantly higher than the England average. Overweight and obesity develops over time as a result of an imbalance between energy intake and energy usage. Whilst on average people in Derbyshire were more likely to be active than the England average (68% compared with 66%), our adult population were less likely to:

- Eat 5 portions or more of fruit and veg per day
- Do any walking in a week
- Cycle 3 times in a week (either for travel or leisure)

In addition to supporting people to maintain a healthy weight, regular physical activity was important for reducing the risk of cardiovascular disease, certain cancers, type 2 diabetes, falls and mental ill health. Physical activity could also improve health outcomes and quality of life of people who already had long-term conditions, for example it could lead to reduced weight and improved insulin sensitivity in people with type 2 diabetes.

The workplace had been identified as one setting in which efforts could be focused effectively to improve health and wellbeing, and reduce physical inactivity. In 2018 Derbyshire County Council funded a pilot of the Fit4Life programme at Chesterfield Royal Hospital and in Adult Care.

Interim evaluation of the pilot had been positive. Referrals began in Autumn 2018 and the programme coach was working on a 1:1 basis with participants to provide coaching, advice and signposting. The accelerometer was giving participants accurate and detailed information about their lifestyle behaviours, sleep patterns and time spent being active or sedentary. At the end of January

2019, 20 ActiveInsight accelerometers had been issued, and 27 participants had registered to join the next cohort in Spring 2019.

In addition, the programme coach was working with HR teams at the hospital and group managers in ASC to explore a variety of methods to promote a culture of physical activity in the workplace. The result of this work had been the development of new physical activity related opportunities.

They were seeking permission to fund an expansion of the programme over the next 2 years, to both support other work settings and to enable the development of a self-sustaining model for Fit4Life over time. It was considered that the programme should be tested in a number of different workplaces, beginning with Call Derbyshire. Given that the programme coach would need to build strong relationships with teams working in the locality (e.g. LLBD delivery staff, Health Workplaces Derbyshire and the Public Health Locality Teams) and develop a good understanding of opportunities available in the local area, it was proposed that the work should be focused in 2 and no more than 3 Derbyshire Districts and Boroughs. One would be Derbyshire Dales (given the location of Call Derbyshire), with the other site(s) to be agreed between Shift Together and the Public Health Physical Activity, Healthy Workplaces and Live Life Better Derbyshire Teams.

**RESOLVED** that the Cabinet Member approved the award of the grant of £100,000 to Shift Together for the delivery of the Fit4Life Programme in workplaces across Derbyshire. The expansion to the programme would begin in August 2019 and continue for 2 years.

**24/19 REDUCING THE HARM OF SUBSTANCE MISUSE IN DERBYSHIRE** Recovery Month took place in September each year and was a national event. It had been celebrated in Derbyshire for the past four years and was an opportunity to showcase recovery from substance misuse, to reduce stigma and to highlight that recovery was achievable.

Local activities had previously concentrated on large scale events which took considerable resources to organise and had tended to locate in Chesterfield as our largest town. Due to this, a number of smaller but active recovery organisations from other parts of the county had struggled to take part in a meaningful way, and recovery month in Derbyshire was starting lose momentum.

On 13 November 2018 the Strategic Director for Adult Care approved the allocation of £20,000 over a three year period to encourage individuals, treatment services and recovery organisations to undertake their own projects, events and activities in their own localities. This approach was more inclusive of the geographically diverse county, and had revitalised the efforts of both local and countywide organisations and their service users. An annual showcase event, where achievements around recovery were recognised, had been planned for later in 2019.

### Recovery Games applications

Four applications were submitted and considered by an evaluation team comprising the Public Health Lead and the Health Improvement Practitioner for substance misuse using a pre-determined, objective scoring template. All organisations successfully scored against the scoring criteria.

One organisation had duplicated costs in their application that were covered by another application and therefore were advised that their application would not be considered.

It was therefore proposed to provide grants to the following three organisations to enable them to engage in the Recovery Games for 2019:

	<b>Organisation name</b>	<b>Location</b>	<b>Event</b>	<b>Service Provided</b>	<b>Cost</b>
1.	Chesterfield FC Community Trust	Doncaster	Recovery Games	Coach hire, refreshments	£664
2.	Derbyshire Veterans HQ	Doncaster	Recovery Games	Fuel to pick participants up and take them to Proact Stadium for coach	£50
3	Stand To	Doncaster	Recovery Games	T Shirts and fuel to pick participants up and take them to Proact Stadium for coach	£260

### Recovery Month applications

For Recovery Month, bids were welcomed for amounts to cover celebrating recovery locally. Innovation and creativity was encouraged.

Five applications were submitted from four organisations and were considered by the evaluation team using a pre-determined, objective scoring template. Four applications scored successfully against the scoring criteria with one further application on hold pending a more robust financing and delivery plan.

It was therefore proposed to provide grants to the following organisations to enable them to engage in the Recovery Month activities for 2019:

	Organisation name	Location	Event	Funding specifics	Cost
1.	Derbyshire Veterans HQ	County wide	Crooked Spire and Red Arrows modelling activity and display	Materials and display events	£266
2.	The Zink Project	High Peak	Community Café	Food, facility rent, publicity, expenses	£320
3	Stand To	County wide	Fly Fishing event at Ladybower	Fishing passes, travel costs, including mini bus	£1210
4	Derventio – Growing Lives Project	Erewash and Amber Valley	Recovery Garden establishment and open day	Garden materials and refreshments for open day	£630

All organisations currently delivered projects with people in recovery in Derbyshire.

**RESOLVED** that (1) the Cabinet Member for Health and Communities approved the award of grants as detailed in the report to support Recovery activities for 2019 in Derbyshire; and (2) the Cabinet Member agreed to accept further reports over the next two years relating to the award of other small grants to support Recovery Month in Derbyshire.

**25/19 ACTION GRANTS PROGRAMME** At its meeting on 5 April 2018, Cabinet approved the establishment of a two year Action Grants Programme totalling £1.5 million to provide support to champion local communities, encourage local groups to deliver community activity and to support the Council's priorities in relation to resilient and thriving communities.

The Action Grant Programme would run until May 2020 and enabled local groups to apply for three levels of funding across four grant areas covering youth activity, community safety, community activity and physical/sports activity as follows:

- **Small Grants (up to £500):** Provided funding for 2,000 small scale, one off projects delivering positive activities in local communities

- **Medium Grants (up to £5,000):** Provided funding for new projects in local communities which could demonstrate local support and which had a more significant local impact.
- **Large Grants (up to £10,000):** Provided funding for new projects which had longer term viability, would continue to impact local people into the future and may cover more than one programme theme.

Projects that met the selection criteria were reviewed by an officer panel. Strategic Directors had delegated responsibility for the approval of recommended projects that fell within their remit. Cabinet agreed at its meeting on 5 April 2018 that approvals would be reported to the Cabinet Member for Health and Communities on a quarterly basis.

## **Round Four**

The deadline for receipt of applications for rounds four of both the community activity grants and community safety grants was 31 March 2019. In round four applicants were only able to apply for a small grant as the medium and large grants were only available on an annual basis, with the next deadline being 30 June 2019.

Community Activity Grants provided funding to help local residents, groups and organisations support the development of local community activities and projects which helped local people to come together to shape the future of their neighbourhood. Funding was available to support 375 local projects which covered various types of activity.

124 small grant applications were received under round four requesting funding totalling £59,370. A small officer panel, comprising of representatives from Policy, Adult Care, Children's Services, the Library Service and the Voluntary and Community Sector met to assess the merits of each application against the required criteria. In total 105 applications, were approved to the value of £47,511.

Community Safety Grants provided funding to help local residents, groups and organisations support communities to be safe places to live and work. Funding was available to support 500 local projects which covered various types of activity.

Three small grant applications under round four of the grant programme, were received requesting funding totalling £1,500. The panel of Community Safety Officers met to assess the merits of each application against the required criteria. All three applications, were approved.

## **Moving Forward**

Monitoring of the Programme, including take up of the different levels of grants as well as geographical coverage, would take place on a regular basis

to ensure equality of access across different communities in Derbyshire. This would ensure that there was some flexibility in the Programme as it moved forward and that spend was maximised. It would also help recognise those communities where more support may have been required to identify and promote relevant projects.

**RESOLVED** to note (1) 105 small Grants for Community Activity approved to the value of £47,511; and (2) three small Grants for Community Safety approved to the value of £1,500.